



# New Swimmer Registration Monday September 13



## What to bring:

- Your swimmer, ready to swim
- A copy of her birth certificate
- Your chequebook with about a dozen cheques to cover postdated fees, your refundable volunteer commitment fee and the Synchro BC Registration fee.
- The completed registration form (available online at [www.vpw.bc.ca](http://www.vpw.bc.ca)) or better yet, complete and submit the paperwork online before you come.

## Vancouver Pacific Wave Synchronized Swim Club Welcomes New Swimmers

**Where:** NEW! Hillcrest Pool, 4575 Clancy Loranger Way (Ontario Street & 30th Avenue)

**When:** Monday September 13<sup>th</sup>, 4:30 – 6:00 pm

**What:** Swimmers will swim with coaches from 4:30 – 6:00 while parents can complete registration and learn more about the club from VPW Parent Board Members.

**How:** You can complete registration forms with us that evening, or better yet, complete and submit the paperwork in advance online at <http://www.vpw.bc.ca/registration/registration.html>

Not sure what to register in? Come to registration night and we will figure it out with the coaches.

**Cost:** See program pricing below. Please note that you can withdraw without penalty until September 31, if your child changes their mind. The only thing we **must** charge you is the \$16 Synchro BC fee (for insurance purposes).

## Program Information

	<b>Recreational</b>	<b>10 &amp; U</b>	<b>11 - 12</b>	<b>13-15 Provincial*</b>
# of competitions/yr	1	4	4	4
# of days/wk	2	3	3	3
Practice hours/wk	3.5	7	7.5	9.5
Practice times and locations	Mon 4:30 – 6:30 HC Wed 6-7:30, UBC***	Mon 4:30 – 7:00 HC Th 3:30 – 5:00 Byng Sun 8:00 – 11am Templ	Mon 4:30 – 7:30 HC Th 3:30 – 5:00 Byng Sun 8:00 – 11am Templ	Mon 4:00 – 7:00 HC Wed 5:30-9:00 UBC** Sun 8:00 – 11am Templ
Fee per month (9 mos)	\$100	\$160	\$175	\$230
<b>Estimated Expenses</b> per month (for 9 mos)	\$25	\$55	\$55	\$55
Bathing suits, club t-shirt, cap, noseclips. 10&U, 11-12 and 13-15 Provincial also include estimated expenses for Jean Peters Meet in Victoria.				
<b>Total Cost per month payable to VPW</b>	<b>\$125</b>	<b>\$215</b>	<b>\$230</b>	<b>\$285</b>
<b>Extra costs not included in estimated expenses above</b>	\$16 Synchro BC registration fee	\$90.25 Synchro BC registration fee	\$90.25 Synchro BC registration fee	\$90.25 Synchro BC registration fee

\*Please contact VPW for details on National Stream 13-15 and High Performance Jr and Sr Swimmers if your daughter is already a high performance synchronized swimmer.

\*\*after Oct 20. Before Oct. 20 this practice will take place at St. George's Pool on Saturdays from 10-2.

\*\*\*after Oct. 20. Before Oct. 20 this practice will take place at Templeton Pool on Sundays from 8:00 – 9:30