



New Swimmer Registration Coming Soon!



What to bring:

- Your swimmer, ready to swim
- A copy of her birth certificate
- Your chequebook with about a dozen cheques to cover postdated fees, your refundable volunteer commitment fee and the Synchro BC Registration fee.
- The completed registration form (available online at www.vpw.bc.ca) or better yet, complete and submit the paperwork online before you come.

Vancouver Pacific Wave Synchronized Swim Club Welcomes New Swimmers

For Rec South:

Winskill Pool, 5575 – 9th Avenue, Delta
Saturday September 19th, 8:00 am – 10:00 am

For all other VPW Programs:

NEW! Hillcrest Pool, 4575 Clancy Loranger Way (Ontario Street & 30th Avenue) Monday September 13th, 4:30 – 6:00 pm

What:

Swimmers will swim with their coach while parents can complete registration and learn more about the club from VPW Parent Board Members.

How:

You can complete registration forms with us that morning, or better yet, complete and submit the paperwork in advance online at <http://www.vpw.bc.ca/registration/registration.html>

Not sure what to register in? Come to registration and we will figure it out with the coach.

Cost:

See program pricing below. Please note that you can withdraw without penalty until September 31, if your child changes their mind. The only thing we **must** charge you is the \$16 Synchro BC fee (for insurance purposes).

Program Information

	Rec South	10 & U	11 - 12	13-15 Provincial*
# of competitions/yr	1	4	4	4
# of days/wk	2	3	3	3
Practice hours/wk	3.5	7	7.5	9.5
Practice times and locations	Mon 6-7:30pm Min plus Sat 8-10am Winskill OR Sun 5:30-7:30pm WM	Mon 4:30 – 7:00 HC Th 3:30 – 5:00 Byng Sun 8:00 – 11am Templ	Mon 4:30 – 7:30 HC Th 3:30 – 5:00 Byng Sun 8:00 – 11am Templ	Mon 4:00 – 7:00 HC Wed 5:30-9:00 UBC** Sun 8:00 – 11am Templ
Fee per month (9 mos)	\$100	\$160	\$175	\$230
Estimated Expenses per month (for 9 mos)	\$25	\$55	\$55	\$55
Bathing suits, club t-shirt, cap, noseclips. 10&U, 11-12 and 13-15 Provincial also include estimated expenses for Jean Peters Meet in Victoria.				
Total Cost per month payable to VPW	\$125	\$215	\$230	\$285
Extra costs not included in estimated expenses above	\$16 Synchro BC registration fee	\$90.25 Synchro BC registration fee	\$90.25 Synchro BC registration fee	\$90.25 Synchro BC registration fee

*Please contact VPW for details on National Stream 13-15 and High Performance Jr and Sr Swimmers if your daughter is already a high performance synchronized swimmer.

**after Oct 20. Before Oct. 20 this practice will take place at St. George's Pool on Saturdays from 10-2.